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The Available Parent: Radical Optimism for Raising Teens and Tweens Paperback - May 10, 2011 by Dr. John Duffy (Author), Thomas Phelan Ph.D. (Foreword)
4.5 out of 5 stars 26 ratings See all formats and

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The Available Parent: Radical Optimism for Raising
Teens ...

If you can get there as a parent, you can begin to enjoy a healthy, satisfying, exciting new kind of relationship with your teenager, a relationship with a foundation not of fear, but of radical optimism. Dr. John Duffy's The Available Parent is a revolutionary approach to taking care of teens and tweens.

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Start your review of The Available Parent: Radical

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Optimism for Raising Teens and Tweens. Write a review. Jan 06, 2013 Kelly rated it it was amazing. This is my first parenting book about adolescents and teenagers, and I picked a good one. The focus of the book is how to maintain a really open and loving relationship as children become teenagers.

The Available Parent: Radical Optimism for Raising Teens ...

The Available Parent: Radical Optimism for Raising Teens and Tweens by John Duffy, Thomas Phelan. Teenagers are left feeling unheard and misunderstood, and parents are left feeling bewildered by the changes in their child at

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John Duffy and their sudden lack of effectiveness as parents.

The Available Parent: Radical Optimism for Raising Teens ...

We have a tendency today to over-parent, micromanage, and underappreciate our adolescents. Dr. John Duffy's The Available Parent is a revolutionary approach to taking care of teens and tweens. The available parent of a teenager is open to discussion, offering advice and solutions but not insisting on them.

The Available Parent: Radical Optimism for Raising

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John Duffy

If you can get there as a parent, you can begin to enjoy a healthy, satisfying, exciting new kind of relationship with your teenager, a relationship with a foundation not of fear, but of radical optimism. Dr. John Duffy's *The Available Parent* is a revolutionary approach to taking care of teens and tweens.

The Available Parent : Radical Optimism for Raising Teens ...

The Available Parent: Radical Optimism for Raising Teens and Tweens is a refreshing take on parenting. Dr. Dr. John Duffy, family counselor, life coach and "top teen expert" (an honorific all the more

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John Duffy (remarkable for its near impossibility) proposes proven techniques to negotiate the ever-changing, seismic shifts of puberty and beyond.

Book Review - The Available Parent: Radical Optimism for ...

Excerpt from "The Available Parent: Radical Optimism for Raising Teens and Tweens" ... a thriving private practice in the Chicago area. Dr. Duffy works with both teens and adults and specializes in helping parents maximize satisfaction and minimize conflict in their relationships with their teenagers. In addition to clinical work, he also ...

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John Duffy
7 mistakes parents make with teens - The Washington Post

THE AVAILABLE PARENT RADICAL OPTIMISM IN RAISING TEENS AND TWEENS. by John Duffy □
RELEASE DATE: June 1, 2011. Raising a teenager can be just as much of an emotional roller coaster as being a teenager, but clinical psychologist, certified life coach and parenting expert Duffy assures parents that it doesn't have to be such a turbulent ride ...

THE AVAILABLE PARENT | Kirkus Reviews

The available parent : radical optimism for raising teens and tweens. [John Duffy] -- Teenagers are left feeling unheard and misunderstood, and parents are

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John Duffy
left feeling bewildered by the changes in their child at adolescence and their sudden lack of effectiveness as parents.

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The Available Parent: Radical Optimism for Raising Teens and Tweens. Paperback – May 10 2011. by Dr. John Duffy (Author), Dr. Thomas Phelan (Foreword)
4.4 out of 5 stars 18 ratings. See all formats and editions.

The Available Parent: Radical Optimism for Raising Teens ...

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Resilience is the “knowledge that we can handle challenges, difficulties and hardships in our lives,” according to Duffy, also author of the book *The Available Parent: Radical Optimism for Raising...*

Therapists Spill: How To Strengthen Your Resilience

The available parent : radical optimism for raising teens and tweens. [John Duffy] -- Offers strategies and tips for building a stronger and healthier relationship between parents and teenagers that focuses on parents readjusting how they interact, interpret, and communicate with ...

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We speak with Dr. John Duffy the author of The Available Parent – Radical Optimism For Raising Teens and Tweens. He talks to us about how to minimize conflict and maximize satisfaction in your relationship with your child. We have a tendency today to over-parent, micro-manage, and under-appreciate our adolescents. Dr.

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The Available Parent: Radical Optimism for Raising Teens and Tweens by John Duffy (Paperback, 2011)
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