

## The Energy Of Prayer How To Deepen Your Spiril Practice Thich Nhat Hanh

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You can view it as a prayer for positive energy if you wish as this technique is a form of energy clearing and a prayer for positive energy that basically flushes out the negative and replaces it with the positive. Prayer for positive energy: House Clearing Prayer. Sometimes clearing your own energy through a prayer for positive energy isn't enough. Every once in a while your house gathers negative energy that in turn affects you.

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